

Health Education Curriculum Review Mount Maunganui Intermediate School 2020

Purpose

Section 60B of the Education Act 1989, as amended by the Education Standards Act 2001, requires the Board of Trustees to produce a written statement, following consultation with the school's community, about how the school will implement health education once every two years.

Draft Health Education Curriculum Statement 2020 for Mount Maunganui Intermediate -

Mount Maunganui Intermediate is a place where young minds grow and individual interests, passions and strengths are discovered. Our students develop a sense of their true worth and form new relationships with their peers, whānau, teachers and their community. Our school is nurturing, as emerging adolescents are encouraged to try new things, make mistakes, learn and discover themselves. Students develop competencies for, mental wellness, reproductive health, nutritional needs, safety management and positive sexuality. Students build resilience through strengthening their personal identity and sense of self while engaging in processes advocating responsible decision making. They learn to demonstrate empathy, and they develop skills that enhance positive relationships. Students use these skills and understandings to take critical action to promote personal, interpersonal, and societal well-being. We have our Coastal Values in place to ensure students are learning through the lens of: Respect, Pride and Learner.

Programme Implementation

Health and Physical Education are linked in one curriculum document.

The NZC four <i>main strands</i> for Health and Physical Education	The NZC outlines the <i>seven key learning areas</i>	Curriculum delivery at Mount Maunganui Intermediate is also underpinned by the five <i>Key Competencies</i>
<ul style="list-style-type: none"> · Personal Health and Physical Development · Movement concepts and motor skills · Relationships with other people · Healthy communities and environment 	<ul style="list-style-type: none"> · Mental health · Sexuality education · Food and nutrition · Body care and physical safety · Sports studies · Outdoor education · Physical safety 	<ul style="list-style-type: none"> · Managing self · Relating to others · Participating and contributing · Thinking · Using language, symbols and text

Of the seven key learning areas outlined above, there are four learning areas related to Health. Below is an outline of what is covered at Mount Maunganui Intermediate, and the units of work that we provide to teach the main concepts

Key Learning Area	Clarification and Possible Programme Content Opportunities to develop knowledge, understanding and skills to:	MMI units of work and implementation
Mental Health	Strengthen personal identity Enhance a sense of self-worth - resilience, Develop effective relationships with others	Kiwi Can - Values based lessons once a week from an external provider. Teaches integrity, respect and resilience Coastal Values Teaching
Sexuality Education	Understand physical and emotional changes at puberty Enhance their personal and interpersonal skills now and in the future. Positive attitudes towards sexuality Recognise the risks involved on social media	Pubertal Change Coastal Values Teaching
Food and Nutrition	Make informed decisions about food Make informed choices that will contribute to their own well-being and that of other people	Food Technology
Body Care and Physical Safety	Understand personal body care Recognise and adopt safe practices in relation to hazards in the environment	Pubertal Change EOTC Swimming Safety Cycle Safety

Of these four health areas sexuality education is the area that is most contentious and which has a level of confusion around it. It is important to note that **sexuality education is very different to sex education**. To help with this confusion here is a link to a pamphlet on [Sexuality Education](#) in New Zealand, we have also linked this in the google form.

We invite your feedback and suggestions in regards to our Draft Health Curriculum Statement, please fill in the Google form below with your thoughts and ideas.

[Community Consultation Google Form](#)