

28 July 2023

# Pānui

MMI Newsletter No. 20



## COMING EVENTS

### July 2023

**30** DanceNZ Made

### August 2023

**01** Online Enrolments Open

**03** Boostrix - Year 7

**04** AIMS Games Payments due

**17** School Disco

**25** Calendar Art due

**31** Mufti Day

### September 2023

**01** School Speech Finals

**02-08** NZ AIMS Games

**18** Teacher Only Day

**22** Term 3 Ends

## Term 3, Week 2 IN THIS ISSUE

- From the Principal
- AIMS Games
- Athlete Factory
- AIMS - HipHop Tickets
- Lunchonline
- PSG - SCHOOL DISCO
- MMI Sports
- Relationship & Education Programme
- MMI MUN Academy
- triSASSY
- Tough Guy/Gal Challenge
- General Election
- Japanese Homestay
- Japan Exchange - Fundraiser ICAS 2023
- Our Happy Place
- Coastal Values
- Calendar Art
- Community Pharmacy
- Useful Information
- Mount College 2023 Year 8 Enrolment Schedule
- ZOOM Pharmacy
- Yummy Stickers
- Community Notices



DISCO  
17 AUGUST  
"S" THEME

If you would like to view the information from the Cyber Safety talk on Wednesday.

Please click on the link:

<https://mtint.school.nz/our-kids-online/>

**AIMS GAMES HIP HOP TICKETS WENT ON SALE ON WEDNESDAY 26TH JULY. TICKETS AVAILABLE FROM THIS LINK TICKETS CAN ALSO BE PURCHASED VIA THE ONLINE SHOP ON THE ZESPRI AIMS GAMES WEBSITE**



ICAS -  
Registration/Payment  
closes Monday 31st July  
No late registrations are  
available.  
More information on  
page 17



**MOUNT MAUNGANUI  
INTERMEDIATE**



07 575 5512



[admin@mtint.school.nz](mailto:admin@mtint.school.nz)

21 Lodge Ave, Mount Maunganui, 3116

**[mtint.school.nz](https://mtint.school.nz)**

# POIPOIA TE KĀKANO KIA PUĀWAI

Nurture the seed and it will blossom

KIA MAUAO TE TŪ



MOUNT MAUNGANUI  
INTERMEDIATE

Pānui Newsletter 2023

## FROM THE PRINCIPAL



Kia ora parents and Whanau

I hope you have all had a good week.

This week has been another busy and fun week at MMI. One of the highlights was our visit from the Mount College Road Show where we were entertained by heaps of talented performing arts students. It was great to see our past students performing with talent and confidence. We enjoyed the performance very much.



Melissa Nelson  
Principal  
Mount Maunganui Intermediate

### Phones

A reminder for families about our cell phone procedures here at MMI. If students bring a phone to school, they are to hand it in to their teacher as soon as they arrive. Their teacher will keep the phone in a safe place for the duration of the school day and hand it back at 2.45 when the bell rings.

If students decide to keep their phone and are caught, the phone will be confiscated and given to me until the following Friday. A parent or adult whanau member will need to collect it after school from me in the office.

One of the great things about break times at our school is seeing students playing. Our students play sport, play games, read books, talk to their friends and are interactive with their peers. We believe that this sort of interaction is incredibly important and that screen-based communication should be limited. Thank you for supporting us with our rules around phones at school.

## Achievement Data

Below is a broad summary of our achievement data for the end of term two. Teachers have made overall teacher judgements, measuring students against curriculum expectations for their year level.

<b>Subject</b>	<b>% Meeting curriculum expectations start of year</b>		<b>% meeting curriculum expectations mid year</b>	<b>% meeting curriculum expectations mid year Year 7</b>	<b>% meeting curriculum expectations mid year Year 8</b>
<b>Reading</b>	<b>69%</b>		<b>77%</b>	<b>77%</b>	<b>76%</b>
<b>Writing</b>	<b>54%</b>		<b>64%</b>	<b>64%</b>	<b>65%</b>
<b>Maths</b>	<b>55%</b>		<b>70%</b>	<b>70%</b>	<b>71%</b>

In literacy, data shows that our girls outperform our boys. In writing, across both year groups, there is a 20% or more difference in the achievement of girls, compared with boys. In Reading, the difference is around 10%, In Maths, your boys lead the way, outperforming girls by 6%.

The senior leadership team analyses the achievement data in more detail, and reports to the Board of Trustees. Team leaders also lead their teams to look at their class data, to identify students with gaps, and to plan to teach the required skills and knowledge in the second half of the year.

Its pleasing to see the progress that has been made in all three learning areas since the start of the year. It's great to see students focusing on self improvement.

Finally this week, I feel very proud of all MMI students who are getting involved with extra curricular activities. This week we have had students out at basketball and today is Winter Tournament with students playing netball, rugby, football and hockey. We also have badminton players out competing. Thank you to all families who supported us by taking billets from Gisborne. We appreciate our wonderfully supportive MMI community.

Have a great weekend everyone.

Ma te wa

Whaea Melissa



## AIMS GAMES FEES - PAYMENT DUE DATE COMING UP

Aims Games fees have now been loaded onto students accounts. You will have received a request for payment of the amount of your child's sport. Another request will come out to you next week.

You are welcome to make instalments if you wish. Please use your child's name as the reference and what you are paying for in the particulars.

All AIMS Games fees must be paid by Friday 4 August.

## ATHLETE FACTORY



After an epic programme in Term 2. Athlete Factory are offering this again in Term 3. This term will be geared towards getting ready for AIMS Games, and those competing.

If you would like to register for term 3, here is the link below

<https://forms.gle/zY17qzayH1vmRuwZ7>





## WELCOME LEIONA!



This week we welcome our awesome new Kiwi Can Leader Leiona! She has stepped into the role to work alongside Sam to deliver the Kiwi Can program at MMI. Leiona is a great fit in this role and MMI are thrilled to have her on board.

The topic that is being covered this term is resilience with the sub-topics being; dealing with challenges, self control/self discipline and understanding emotions.

This week in Kiwi Can we have been having class discussions around the challenges that kids face at school and possible ways to overcome these challenges. In an anonymous fashion the students wrote down on a piece of paper something that was challenging for them at school and put the paper in a hat. Once all the challenges were handed in, the Kiwi Can leaders read some of the challenges out and as a class we talked about ways to overcome these challenges.



# AIMS - HIPHOP



September  
2-8 2023

Follow us on social media



Please be advised that Hip Hop tickets will go on sale at 9:00am on Wednesday, 26th July 2023. Tickets will be available at [this link](#), also accessed via the Online Shop on the Zespri AIMS Games website. We will promote the tickets being on sale to our database and as all Hip Hop teams perform at both the Prelims and the Finals, we anticipate that there will be ample tickets available.

This year, we have 28 Hip Hop teams coming together to battle it out for the title - an all-time record! We can't wait to welcome them all to the stage.



## Details For The Prelims

**Date** - Saturday 2nd September 2023

**Venue** - Mercury Baypark Arena, [81 Truman Lane, Mount Maunganui](#)

**Entry Fee** - Adult \$10 + BF, Child \$5 + BF. General admission seating (seats and floor).

**Box Office open** - 1:00pm

**Doors open to the public** - 1:15pm

**Prelims Performance** - 1:30pm - 4:00pm

## Details For The Finals

**Date** - Saturday 2nd September 2023

**Venue** - Mercury Baypark Arena, [81 Truman Lane, Mount Maunganui](#)

**Entry Fee** - Adult \$15 + BF, Child \$10 + BF. General admission seating (seats and floor).

**Box Office open** - 4:30pm

**Doors open to the public** - 5:15pm

**Prelims Performance** - 6:00pm - 8:30pm

Please note that all Hip Hop teams will perform in both the Prelims AND the Finals.

## Complimentary Athlete Tickets

Complimentary tickets are available for Zespri AIMS Games athletes competing in other sporting codes. Please note that these tickets are strictly for athletes **only**, coaches, managers, parents and supporters are required to purchase tickets. They are available to be redeemed from 9:00am, Wednesday 26th July 2023.

Each of our participating schools are able to access these tickets via their school's Zespri AIMS Games first point of contact. Click on the relevant link below, enter your email address (note - only the email addresses for your school's designated first point of contact have been loaded to access these tickets) and select how many tickets you require. Should you require more tickets than what has been allocated, please contact the Zespri AIMS Games team at [info@nzaimsgames.co.nz](mailto:info@nzaimsgames.co.nz)

**Athlete Prelims Tickets** - [HERE](#)

**Athlete Finals Tickets** - [HERE](#)



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# LUNCHONLINE - TICKET PURCHASING

FASTER, EASIER WAY OF PURCHASING TICKETS FOR EVENTS AT MMI

We are moving to a new platform to purchase tickets for events like discos and socials.

Lunchonline is not only a lunch ordering service but they also provide a ticketing service which we, as a school, have signed up for.

With our PSG Disco fast approaching we will be using this service for the first time.

To purchase a disco ticket you will need to have already created your own lunchonline account. If you are already an account holder, well done, you do not need to do anything else until the tickets are available to purchase.

If you are not an account holder yet please follow these 4 easy steps:

- Go to - <https://www.lunchonline.co.nz/>
- Create an account
- Add member(s) including name, school and classroom
- Top up with your credit card or internet banking

When the tickets become available to purchase we will let you know and you can then simply go online and make your purchase.

This means that payments will no longer be accepted by the school for certain events, but we will always advise you of the payment process in advance.

[www.lunchonline.co.nz](https://www.lunchonline.co.nz)



# PSG - SCHOOL DISCO

MT MAUNGANUI  
INTERMEDIATE DISCO



PSG  
PARENT SUPPORT GROUP

Best Dressed  
Boy  
Best Dressed  
Girl  
Best Dancer  
&  
Lots of Spot  
Prizes!

Sales  
close  
Tuesday 15  
August

Dress up  
optional

Snacks  
& drinks  
\$1 - \$5  
per item

DISCO PARTY

THURSDAY 17 AUGUST  
6PM - 8PM

THEME: SOMETHING  
BEGINNING WITH "S"

TICKETS \$4.50 IN ADVANCE - AVAILABLE ONLY THROUGH LUNCH ONLINE  
\* DOOR SALES NOT AVAILABLE \*

Tickets go on sale from Monday 31st July.  
Instructions to follow!



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## BILLETS REQUIRED

The Annual Super 11 Intermediate Cross Country Bay of Plenty and Poverty schools, is to be held in Welcome Bay on Friday 4th August.

### Who:

Billets are required for Gisborne Intermediate Students

### When:

Thursday night  
3rd August

### What:

We need **10**  
BILLETS

Please complete this form if  
you can support Gisborne  
Intermediate.

Billets for Cross Country

Gisborne Intermediate is a great host to the many students from our school who travel there for numerous sporting events. The students will arrive at 2.30pm on Thursday and need to be back at school around 8am. If you are able to provide bed, breakfast and a packed lunch for Friday for a student or two, it would be very much appreciated.





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INTERMEDIATE**

T: 07 575 5512  
E: [admin@mtint.school.nz](mailto:admin@mtint.school.nz)  
W: [mtint.school.nz](http://mtint.school.nz)

Dear Parents and Whānau,

21 Lodge Ave,  
Mount Maunganui, 3116

This term students are participating in Relationship and Sexuality Education (RSE) within their classroom. RSE is a key area of learning in Health and Physical Education in the New Zealand Curriculum and **must be included in teaching programmes**. RSE at Mount Maunganui Intermediate emphasises the holistic nature of sexuality education (which has physical, social, mental and emotional, and spiritual aspects).

In terms two and three, we will focus on **'Growing and changing'**- *Te tipu me te huri o te tangata*. This theme focuses on pubertal change, a time of rapid physical, emotional, social, and spiritual development. Many of the changes that take place at this time are interrelated.

Young people can feel unsure about the changes that they will encounter during puberty. It is important to address these feelings, reassure them that they are not alone, and prepare them with the knowledge and capabilities they need to manage these changes. Comprehensive relationship and sexuality education helps young people feel good about themselves and understand that puberty is a natural stage in their journey towards adulthood. At Mount Intermediate, we believe that equipping young people with knowledge and understanding in this area is pivotal to their health and wellbeing.

**In term three, we have planned to cover the following:**

### **Pubertal change**

#### *Learning outcome*

- Students will review and identify the changes that take place during puberty and recognise that most of them happen to everybody.

#### *Underlying concept*

Hauora: identifying changes that occur at puberty and that the changes impact all dimensions of hauora

### **Managing pubertal change**

#### *Learning outcomes*

- explore how people experience pubertal change and identify and discuss practical ways of managing changes and feelings.
- explore concepts about body image and how to foster positive body image.

#### *Underlying concepts*

- Hauora: understanding and managing pubertal changes which impact all dimensions of hauora.
- Health promotion: identifying the strategies and resources, including people, that can help young people manage pubertal change.
- Attitudes and values: valuing themselves and developing positive body image.

### **Getting to know our reproductive systems**

#### *Learning outcome*

- Students will explore the human reproductive system, its functions, and be comfortable using correct terminology.

#### *Underlying concepts*

- Attitudes and values: as students learn to understand and talk about the reproductive system, they also learn to treat themselves and others with respect.
- Hauora: gaining further knowledge about the physical body, its growth and development, and the part it plays in reproduction.

### **Consent**

#### *Learning outcome*

- Explore the concept of intimacy and the behaviours that may feel right at different levels of intimacy
- Explore concepts about consent and identify what giving and receiving consent looks like.

#### *Underlying concept*

- knowledge of rights and responsibilities
- knowledge of the need to give and receive consent and to make informed choices
- assertive communication.





## Conception

### Learning outcome

- Students will identify and describe the sequence leading to Conception.

### Underlying concept

- Hauora: developing knowledge about the process of conception.

## Safer sex

### Learning outcome

- Students will explore contraception and its use in preventing pregnancy and sexually transmissible infections (STIs).

### Underlying concepts

- Attitudes and values: developing a responsible attitude to their wellbeing and that of others.
- Health promotion: developing knowledge to support them to implement safer sex strategies to positively support their sexual health.

If you have any questions, feel free to contact your child's teacher.

Below is the Ministry of Education curriculum outline for teaching 'Relationships and Sexuality Education' at Intermediate Schools.

Key learning at level 4			
LEVEL 4	KO AU — ALL ABOUT ME  Knowledge, understandings, and skills relating to physical and sexual health and development: emotional, mental, social, spiritual, and environmental	KO AKU HOA — FRIENDSHIPS AND RELATIONSHIPS WITH OTHERS  Understandings and skills to enhance relationships, for example, in relation to friendships, intimate relationships, love, families, and parenting	KO TŌKU AO — ME AND THE WORLD  Critical inquiry, reflection, and social-action skills related to issues of equity, gender, body image, risk, and safety
Ākonga can show that they:	<ul style="list-style-type: none"><li>Know about pubertal change (including hormonal changes, menstruation, body development, and the development of gender identities), and about how pubertal change relates to social norms around gender and sexuality; and can make plans to support their own wellbeing and that of others.</li><li>Understand various differing approaches to conception and contraception and how these relate to social norms, choice, consent, and wellbeing.</li></ul>	<ul style="list-style-type: none"><li>Are able to manage intimate relationships (involving attraction, love, and desire) and relationship changes (including changes to relationships online and using social media), through:<ul style="list-style-type: none"><li>knowledge of rights and responsibilities</li><li>knowledge of the need to give and receive consent and to make informed choices</li><li>assertive communication.</li></ul></li></ul>	<ul style="list-style-type: none"><li>Understand how school and community contexts (eg, school procedures and rules, sports and physical activities, and community facilities and environments) link with people's gender and sexual identities; and can take action for inclusion.</li><li>Know how to access help for themselves and others, know about a range of strategies and resources that support health and wellbeing, and understand how these can enhance wellbeing, mitigate risk, and support gender and sexual identity.</li><li>Are able to identify connections between people's wellbeing and media representations of relationships, gender, and bodies (including representations in social media, in films, and on television).</li></ul>



## MMI MUN Academy

### • What is the MUN?

The MMI Model United Nations is a group of delegates from 10 countries, which do different debates about world peace and how to achieve it.

We meet once a week as part of a literacy academy in room 27. (our epic headquarters)

It is for people who are interested to role-play the real events of the UN and get an understanding of how the world works in that retrospect.

(Liam, George)

### Who was involved?

In our Model United Nations, we selected 10 countries to represent. These countries are: Russia, Australia, Turkey, UK, India, France, America, China, Japan, and Brazil. We all learnt that India has very valuable ores, Turkey is facing human rights as an ongoing issue, China is facing starvation, Brazil needs help with education, USA has extreme weather conditions, though hearing these it helped us understand the world and work together as a team.

(Jack, Nico, Finn)

### • What did we do in our MMI MUN?

We selected our countries and learnt about them to become delegates

We then made speeches about our countries and presented them to the committee. We then noted about the countries to see who had what resources and who we would ally with.

Issue Statement #1:

"All countries need to support the UN's decision to call for an immediate stop to Russia's war on Ukraine and give money and experts to help with the rebuilding and mass destruction."

After receiving the first issue statement each delegate did extensive research on what their individual countries' stance on the matter would be considering the pros and cons specific to this country. After getting in the mind space of their country each delegate would alter the issue statement to how their country would see fit.

Following this each country would lobby and debate what country's issue statement fitted each country the best and voted what issue statement worked best for everyone.

Then next issue statement was:

"All countries must have 100% electric vehicles by 2030"  
And then we repeated the steps above.

(Grace, Aster)

I found the experience quite interesting, getting to learn so much about so many countries and the ways they run was really cool. I found that having speeches about our countries actually made me feel a lot more confident in my writing and public speaking. Working with a partner and learning about so many different cultures all across the globe, and participating in something like this was truly amazing! Overall I found MUN very positive and enjoyable.

Harper Paton - Delegate of United States of America

I found the experience quite intriguing and very interesting. I learned so much and feel like I'm more aware and more hopeful about the condition of the world. I have learned about the diversity between all of the countries but also about what makes them work together and strive for a better representation of India. It has forced me to look through a different perspective and think for all of India instead of myself. Learning about electric cars and the CO2 emissions of different countries. Being a part of MUN has been an incredible experience and overall just an amazing learning experience.

Indigo semple-delegate of the republic of India.



## triSASSY at Mount Intermediate



## triSASSY at Mount Intermediate

triSASSY is designed for 11-13 year old girls (years 7 & 8) who don't participate in sports but want to be active in some way while having fun with their peers and making new friends. The aim of the 16 week programme is to improve self confidence, try new physical activities, and learn skills that will help the girls feel good about themselves as they develop into young women and become part of the wider community.

This programme is run by Triathlon Tauranga with funding through the Lottery Grants Board and is **FREE** for the girls to attend. Part of the programme is to attend a "celebration event" together with other triSASSY groups, their friends & families. Each group will have something to aim for as an outcome of the programme (this isn't compulsory, just fun!).

Research has identified that there is a direct correlation between a lack of physical activity by young girls and them having poorer mental health and lower aspirations than their male counterparts. It also shows that the biggest drop-off in girls participating in sports activities occurs during the transition between primary and high school. Additionally, being active in adolescence is much more likely to lead to an active lifestyle in adulthood. Helping our young females to be active and stay active as they go through adolescence is important for helping them to be healthy and happy, now and in the future.

triSASSY at Mount Intermediate is run on a Tuesday afternoon as soon as school finishes for the day until approx 4:15pm. Our next programme will start on Tuesday 18th July and run through Terms 3 & 4 (during term time only). We start each session with an information "chat" on various topics such as social media safety, self confidence, friendships, goal setting and self care. Then we do a physical activity such as boxing, circuit training, running/walking and other games that promote physical activity, friendship, but most of all FUN!

If this sounds like something your daughter could be interested in, please email [trisassy@triathlonauranga.org.nz](mailto:trisassy@triathlonauranga.org.nz) for more information and an enrollment questionnaire, or call Kathy Miller on 021 0272 0818



**TriathlonTauranga**  
[triathlonauranga.org.nz](http://triathlonauranga.org.nz)

# TOUGH GUY/GAL CHALLENGE



## Many of our students were tough enough to take on the Junior Tough Guy and Gal Challenge last Friday.

This was a chance for Mount Intermediate kids to get involved in New Zealand's biggest mud run series in a version tailored especially for them!

The Junior Tough Guys and Gals will take on a 3km muddy obstacle course consisting of swamp crossings, a spider's web net climb, crawl under obstacles, beautiful native bush trails, tunnels, hurdles, a climbing frame, water crossings and not to mention, mud mud and more mud!

A fabulous time was had by all.



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# GENERAL ELECTION

## WORK FOR THE 2023 GENERAL ELECTION

Help your community to vote in this year's General Election! The Electoral Commission is now recruiting for roles across Aotearoa to deliver the 2023 General Election.

Whether you want to work for several weeks or just for a day, there's a variety of options to suit you.

Pay rates for roles vary depending on the role but range from \$26 (plus 8% holiday pay) per hour to \$33.80 (plus 8% holiday pay).

We have Voting Places across the Bay of Plenty so there will be something close to you, with the Electorate Headquarters based in central Tauranga.

To apply or get more information – [General Election 2023 - Bay of Plenty Electorate - Electoral Commission \(elections.nz\)](#).

**Help your community vote.**  
Register to work at the 2023 General Election.



For more information,  
visit [work.elections.nz](https://work.elections.nz)



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visit [work.elections.nz](https://work.elections.nz)



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## WOULD YOU LIKE TO HOST A **JAPANESE** **HOMESTAY** IN OCTOBER 2023?

We have a group of students from Japan who require homestay.

The dates are October 18th to 1st November.

The students will be attending Mount Intermediate for the duration of their stay.

If you are able to help. Please fill in the google form.  
Got Questions? email [r.thurston@mtint.school.nz](mailto:r.thurston@mtint.school.nz)

You will be providing homestay for a single student.  
You need to be able to provide the student with their own room.



If you are able to host, please [click this link](#) to add your details.





# JAPAN EXCHANGE - FUNDRAISER



**MT MAUNGANUI  
INTERMEDIATE**

**Fundraising for our  
tamariki to go to  
Japan 2024**

<b>BUTTER CHICKEN</b>	<b>MINCE AND CHEESE</b>
<b>BACON AND EGG</b>	<b>STEAK AND CHEESE</b>

**\$55**  
12 per box

**GLUTEN FREE  
ANGUS MINCE**

**\$70**  
12 per box

Contact - [boydm83@gmail.com](mailto:boydm83@gmail.com) to order now!  
Orders close on the 14th of August 2023



Serving Suggestion

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INTERMEDIATE**



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[admin@mtint.school.nz](mailto:admin@mtint.school.nz)

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**[mtint.school.nz](http://mtint.school.nz)**

We are delighted to inform you that Mount Maunganui Intermediate will be participating in the world-renowned ICAS competition this year.



## What is ICAS?

ICAS is an online academic competition that is designed to assess students' higher order thinking and problem-solving skills in English, Mathematics, Science, Writing, SpellingBee and Digital Technologies.

Each assessment celebrates students' accomplishments by providing opportunities for recognition and development. Every student who participates will receive a printed certificate and an online results report. Top performers will be eligible for medals.

We encourage you to consider entering your child into ICAS this year.

Learn more about ICAS here - <https://www.icasassessments.com/products-icas>

## How to participate in ICAS

If you wish for your child to participate in ICAS this year, please:

1. Read about ICAS subjects and prices here: ([icasassessments.com/products-icas](https://www.icasassessments.com/products-icas))
2. Read the terms and conditions here: ([icasassessments.com/wp-content/uploads/2022/10/2023-ICAS-Assessments-Parents-PPS-TsCs\\_final.pdf](https://www.icasassessments.com/wp-content/uploads/2022/10/2023-ICAS-Assessments-Parents-PPS-TsCs_final.pdf))
3. Go to Parent Portal to purchase tests here: [shop.icasassessments.com/pages/pps](https://shop.icasassessments.com/pages/pps)
4. Enter our school's access code – VXY158
5. Enter your child's details, select the tests you would like to purchase, then proceed to payment.

Please note that the ICAS tests shown for selection are at the school's discretion. After payment is made via the Parent Payment System, you will receive an order confirmation email, please keep this for your records.

## ICAS Results and Certificates

We will notify you of the date(s) that we run ICAS at the school and when your child's ICAS results are ready. Once we have received your child's ICAS certificate, we will send it home with your child. The back of the certificate shows ICAS results and the login details, "TAP ID and Pin", that you and your child need to enter the Results Portal [orti.icasassessments.com/ortiStudent](https://orti.icasassessments.com/ortiStudent)

If you have any questions about the ICAS Assessments please contact Shem Banbury - [s.banbury@mtint.school.nz](mailto:s.banbury@mtint.school.nz)



# OUR HAPPY PLACE

We are excited to announce that Mount Maunganui Intermediate has implemented a new program called 'Our Happy Place'. This programme is designed to equip our students with the knowledge, tools and mindset they need to thrive in every area of their lives.

We understand the importance of promoting and protecting Mental Wellbeing among our students and this program allows us to do just that. Our Happy Place is a platform that provides students with the resources they need to live a happy and fulfilling life, both while they are in school and beyond. More details can be found here - <https://yourhappyplace.org.nz/>

Students will be working through different sessions per week, with each session lasting around 10-15 minutes long. We will provide details about these sessions in our newsletter so you can support your child and follow these up at home.

The topics we are currently covering are:

## SESSION 23 - THE BEST THINGS IN LIFE ARE FREE

This session is all about the great things in life that are free, like laughter shared with a friend, a wonderful hug or smile, being out in nature, the feeling of accomplishment when you achieve a goal or a good night's sleep!

Students are then encouraged to create their own list of things in their life they are grateful for which money can't buy.

## SESSION 24 - POSITIVE AFFIRMATIONS

Session 24 looks at the things we can tell ourselves that are positive. Some examples discussed are, 'I am enough', 'I am a good friend', 'I learn from my mistakes' and 'I am getting better at...!'

Students then think about their own positive affirmations with the idea that our mind believes what you tell it, over and over again. So, by repeating new affirmations often and saying them with as much conviction and feeling as you can, you will convince your mind that they are true and therefore they will start to come true for you.



## MMI COASTAL VALUES



**AKO**

MMI students are active learners



**MANAAKI**

MMI students show aroha, respect and mana



**PONO**

MMI students act with integrity, pride and honesty



**TUAKIRI**

MMI students know their identity

## COASTAL VALUE CERTIFICATES 2023 Term 2 – Week 10

1	Cody Palmer	For showing consistent perseverance and challenging yourself in everything you do. Kei te whakahihī au ki a koe!
2	William Wu	For having a great start to the term, helping others and being an all round great learner. Well done William!
3	Leonard Atkinson	For a great start to the term, demonstrating Ako and settled, on task behaviour.
4	Yuri Chung	For your excellent focus and sharing your beautiful art skills with the class. Your Matariki star was tū meke!! He whetū koe!
5	Nicole Bactad	For impressive reading skills. Keep the great work up, Nicole.
6	Renato Reyes	For demonstrating the AMPT values and being on task and developing a can do attitude.
7	Cruze Savage	For demonstrating the coastal value Ako by doing your best work during Maths and continuing to make the classroom clean and tidy. Ka pai hoki koe!
8	Ari Ross	Well done Ari, for quietly standing up for what is right during our class scenario on bad leadership. You showed integrity and a strong sense of justice. Great work!
9	Lola Allott	For the effort and focus you put into all areas of your learning. Ka pai to mahi!
10	James Wright	For the great start to the term. You have had a positive attitude, been engaged in your learning and trying your best. Keep up the great work James.
11	Cobain Jones	For being such a great help in class, particularly with our Matariki Kai cleanup. Kei runga noa atu koe!
13	Lakai Nguyen	For showing a responsible attitude by meeting all deadlines set. Keep up the responsible attitude. Ka rawe.
14	Reef Tempest	For his desire to learn and be inquisitive about all the class and school events and occurrences. Your willingness to help is to be admired.
16	Joshua Waghorn	For your constantly displaying beautiful manners and thoughtfulness. You always are willing to put others needs before yourself. Love it Josh, keep it up!

# COASTAL VALUE CERTIFICATES 2023 Term 2 – Week 10

<b>17</b>	Sophie Richards	For a great start to Term 3. Ka pai to mahi, Sophie Keep up the positive attitude!
<b>18</b>	Alla Valentine	For having a positive mindset, embracing new learning, particularly in maths and asking questions. I am loving your positive attitude.
<b>19</b>	Lila McKenzie	For being a reliable and compassionate member of whānau 19. You are a great role model for others!
<b>20</b>	Riley Rudduck	For your support, help and patience with helping your buddy when making our Matariki kites. It is really appreciated, thanks Riley!
<b>21</b>	Jazzy Kelly	For consistently demonstrating our school value of ako. You are a focused learner who always tries your best in everything you do.
<b>24</b>	Caylah Young	For demonstrating our MMI coastal values and helping Year 7's reach their potential in mihimihi. Ka pai, Caylah! Ka mau te wehi!
<b>25</b>	Beatrice Helps	For constantly showing respect, grit and empathy. You are such a hardworking and committed student Beatrice! Keep it up!!
<b>Digi Tech</b>	Maggie Phongphong Room 5	For showing persistence and being creative when making your designs in Tinkercad.
<b>Food Tech</b>	Rufus Farrar Whānau 8	For being a dedicated student who consistently strives for excellence. You set a remarkable example for your peers Rufus !
<b>Dance &amp; Drama</b>	Elise Milfont Whānau 25	For demonstrating ako and tuakiri in your improvisation with ease, being an incredible collaborator, critical thinker, creative and leader in your dance and drama learning. Ka rawē Elise!
<b>Visual Arts</b>	Ryda Kaua Room 23	For a positive attitude and displaying awesome creativity in developing your own ideas around Cubism. Great design work, well done!!
<b>Music</b>	Chloe Ah-Sin Whānau 24	tūwhitia te hopo! Feel the fear and do it anyway!  For showing ako by challenging yourself and being vulnerable to learn something new. You had success learning a tune on Bass guitar because you had a positive attitude towards the challenge put in front of you.
<b>Hard Materials</b>	Keita Holmberg Room 14	For a great positive attitude, and for accuracy following step-by-step instructions to complete her project.
<b>Kiwi Can</b>	Jack Calder Room 15	Amazing attitude of resilience! Never backed down from a challenge when playing our energiser - He continuously got back up and reflected the subject for the term - Resilience! Kia Kaha!



# Calendar Art Orders

The artwork is due back - **Tuesday 23 August**  
We will send out more details on how you can  
order your child's artwork, closer to this date.







## Treatment of Minor Conditions from Community Pharmacy

A minor ailment service will be available at your local Bay of Plenty community pharmacy during the winter of 2023.

To be eligible for a **FREE** pharmacist consultation, advice, treatment or referral; patients must meet either of these criteria:

- Children under 14 years of age
- Māori or Pacific people
- Hold a valid community services card.
- A whanau member of an eligible patient with the same condition

### Conditions to be treated include:

- Acute Diarrhoea or dehydration
- Minor skin infections
- Scabies
- Headlice
- Eye inflammation/infections
- Pain and fever
- Eczema/Dermatitis

A pharmacist at your local community pharmacy will be able to provide you with advice about your health condition, appropriate treatment options and advice on whether you should see your GP or healthcare provider. Appointments are not required.



## Unwell?

Go to your pharmacy for advice,  
medicine or referral of  
minor health conditions.



# POIPOIA TE KĀKANO KIA PUĀWAI

Nurture the seed and it will blossom

KIA MAUAO TE TŪ



MOUNT MAUNGANUI  
INTERMEDIATE

## USEFUL INFORMATION

### TERM DATES

Term 1 – 31 January to 6 April  
Term 2 – 24 April to 30 June  
Term 3 – 17 July to 22 September  
Term 4 – 9 October to 14 December

### MEDICATION

If your child has a severe medical condition or needs to take medication at school please contact the office at: [office@mtint.school.nz](mailto:office@mtint.school.nz)

### SCHOOL DROP OFF

These are NOT drop off zones:

- Lodge Avenue Staff Carpark
- Lodge Avenue Turn Around
- The Bus Bay on Links Avenue

This is for the safety of your children, when dropping off or picking them up. Please refrain from entering and parking in these areas.

### CHANGE OF DETAILS

It would greatly assist us if you could please advise the office if you have any changes of address, phone numbers, email addresses and emergency contact details. In the event of an emergency, sickness or injury we need to be able to contact someone who can collect your child.

Please email the office at [office@mtint.school.nz](mailto:office@mtint.school.nz)

### KEY LINKS

- ✓ [ABSENTEES](#)
- ✓ [BELL TIMES](#)
- ✓ [BUS INFORMATION](#)
- ✓ [ONLINE PAYMENTS](#)
- ✓ [ORDERING LUNCHES](#)
- ✓ [PARENT PORTAL](#)
- ✓ [SCHOOL UNIFORM](#)



Checkout out our website, newsletters, daily notices and Facebook links.

<https://mtint.school.nz/>

<https://mtint.school.nz/mmi-daily-notices/>

<https://www.facebook.com/Mtint.school.nz/>

<https://mtint.school.nz/newsletters/>



MOUNT MAUNGANUI  
INTERMEDIATE

☎ 07 575 5512

✉ [admin@mtint.school.nz](mailto:admin@mtint.school.nz)

21 Lodge Ave, Mount Maunganui, 3116

[mtint.school.nz](https://mtint.school.nz)

# MOUNT COLLEGE YEAR 8 ENROLMENTS

## 2023 YEAR 8 STUDENTS ENROLMENT SCHEDULE



	Date
Visit MMI school assembly Prospectus packs issued	Monday 26 June 2023
<b>Road show</b>	<b>Tuesday 25 July 2023</b>
<b>Open evening 6pm – 8.30pm</b>	<b>Wednesday 2 August 2023</b>
In zone enrolments open	Friday 4 August 2023
Out of Zone enrolments open	Friday 4 August 2023
Enrolment interviews at MMI Library – optional	Wednesday 16 August 2023
In zone applications close	Friday 18 August 2023
Out of zone applications close	Monday 28 August 2023
Out of zone ballot	Monday 11 September 2023
MAP/EPA / Design Learning and GATE applications to Mount Maunganui College main office	Friday 27 October 2023
MAP/EPA auditions at MMC	Friday 3 November 2023

\*MAP - Mauao Athlete Pathways

\*EPA - Elite Performing Arts



# YUMMY STICKERS



COLLECT YUMMY STICKERS CAN HELP EARN MMI FREE SPORTS GEAR!!

A SHARE OF \$200,000 FREE SPORTS GEAR AVAILABLE TO EVERY PRIMARY AND INTERMEDIATE SCHOOL IN NEW ZEALAND'S NORTH ISLAND.

**What to do:** Collect the Yummy cut-out labels from bags (each cut-out label is worth 10 stickers) and individual Yummy apple stickers. Hand these stickers to your child's classroom teacher and they will earn house points as well.

**Where from:** Yummy apples are available from New World, PAK'nSAVE and participating Four Square stores.

The more you collect, the more sports gear we get so get going and start collecting your Yummy cut-out labels and stickers now!

**EAT YUMMY APPLES FOR NEW SPORTS GEAR FOR YOUR SCHOOL!**

Collect the stickers from Yummy Apples and cut-outs from 1.5kg bags of Yummy Apples for your school's share of sports gear worth

**\$200,000**

★ **RUNS THROUGH TO END OF TERM 3**

**EATING HEALTHY FOR COOL SPORTS GEAR SINCE 1998...**

Yummy Apples at

**NEW WORLD**

**PAK'nSAVE**

**4 SQUARE**

Yummy Apples varieties: Ambrosia, Braeburn, Fuji, Granny Smith, Lemonade, Red, New Zealand Rose, Red Delicious, Royal Gala, Sweetango.

# ZOOM PHARMACY - CHILDREN'S ECZEMA



## ECZEMA & DERMATITIS



### WHAT IS ECZEMA?

Dermatitis (Eczema) describes skin irritations and rashes that show up as inflammation of the skin.

Many different skin conditions can cause dermatitis, and symptoms can range from mild to severe. It is not contagious, and does not mean that your skin is unclean. Atopic Dermatitis is commonly referred to as eczema. This ongoing form of dermatitis typically begins in childhood, and flare-ups may continue into adulthood.

### WHAT CAUSES ECZEMA?

There is not a single cause for eczema. Typically, there is a family history of eczema, asthma and hay-fever in people with the condition.

People with eczema tend to have dry itchy skin that is more vulnerable to the entry of irritants, allergens, and therefore more prone to the development of rashes.

Eczema can be triggered or made worse by a range of possible causes.

- Extended hot showers or baths.
- Hotter or colder weather.
- Sweating due to physical activity.
- Allergens (pollen, dust, etc).
- Wool and synthetic fabrics.
- Chemical irritants (soaps).
- Scratching and resulting infection.
- Food intolerances and allergies.

### SYMPTOMS OF ECZEMA

The symptoms of eczema can vary significantly depending on what has caused the flare up, skin tone, and severity.

- Dry, cracked, flaky skin.
- Intense itchiness.
- Discoloured rashes.
- Thickened skin.
- Raised bumps and blisters.
- Weeping or oozing sores.
- Crusts or scabs.



Eczema can present in many different ways, a common sign is a discoloured rash.

### SELF CARE TIPS

While there is no cure for eczema, it can be managed at home and over time will often improve. Most babies and children with eczema will 'grow out' of the condition.

Symptoms of eczema can be controlled with appropriate treatment and self-care:

- avoid irritants, allergens and other triggers
- clean your skin in lukewarm water, and with soap-free washes
- moisturise at least twice daily
- creams like hydrocortisone 1% can be used following pharmacist advice to treat redness, swelling, itching, and discomfort.

### TREATMENT OPTIONS

1. **Hydrocortisone 1% Cream** – can help alleviate the symptoms of redness, swelling, itching and discomfort.
2. **Moisturising Cream** – helps skin retain moisture, reducing the appearance of dry, flaky skin and providing soothing relief.
3. **Antiseptic Ointment & Solutions** – can help control infections, helping the skin barrier maintain its protective qualities.

Always read the label, use medicines as directed and if symptoms persist, be sure to consult a healthcare professional.

**ZOOM Pharmacy can offer free treatments for Eczema and Dermatitis, delivered for free to your door.**

✉ [mas@zoompharmacy.co.nz](mailto:mas@zoompharmacy.co.nz) ☎ 0508 966 622 🌐 [zoompharmacy.co.nz/mas](http://zoompharmacy.co.nz/mas)





## COMMUNITY NOTICES

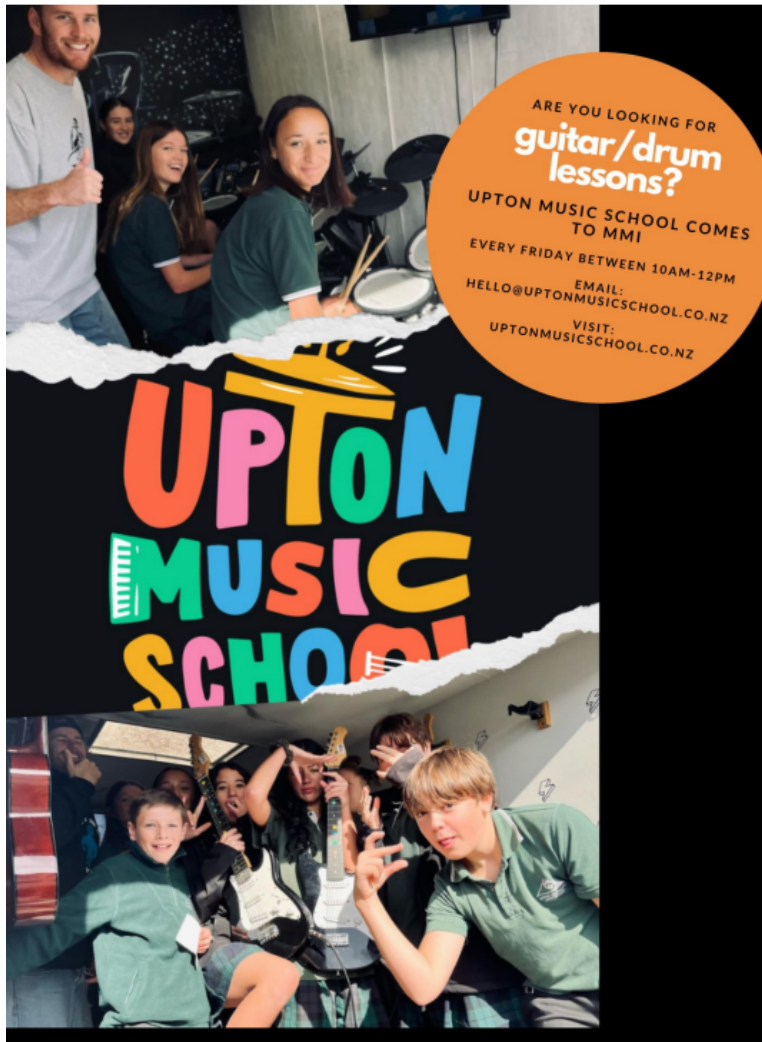
### Matilda: The Musical

Our very own very talented, performing arts student; Milla Cudby, is playing Hortensia in the upcoming Tauranga Musical Theatre production of Matilda: The Musical! The Production runs from: September 21st to October 7th.  
Tickets can be purchased through [ticketek.co.nz](https://www.ticketek.co.nz)





# COMMUNITY NOTICES



ARE YOU LOOKING FOR  
**guitar/drum  
lessons?**

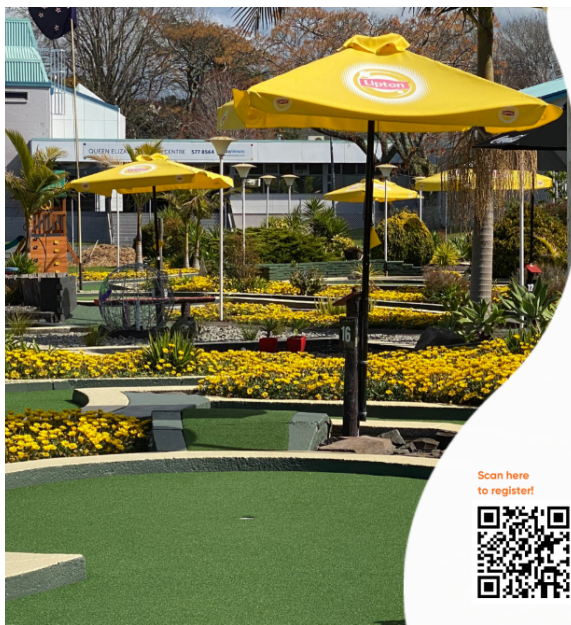
**UPTON MUSIC SCHOOL COMES  
TO MMI**

EVERY FRIDAY BETWEEN 10AM-12PM

EMAIL:  
[HELLO@UPTONMUSICSSCHOOL.CO.NZ](mailto:HELLO@UPTONMUSICSSCHOOL.CO.NZ)

VISIT:  
[UPTONMUSICSSCHOOL.CO.NZ](http://UPTONMUSICSSCHOOL.CO.NZ)

**UPTON  
MUSIC  
SCHOOL**



## Mini Golf Tauranga Whānau Golf Day

Mini Golf Tauranga | Sunday 29th July |  
10am - 11am | \$20 per whānau

Join us for the Futures Whānau Golf Day,  
where teams can be made up of a mix of mum,  
dad, siblings or grandparents!

Take on the challenge of Mini Golf Tauranga's  
18 hole course with your whānau. Maximum  
groups of five per whānau.

For more information or to register please  
contact: Sam Kendall, [sam.kendall@golfnz.org](mailto:sam.kendall@golfnz.org)  
or find the event at [www.golf.co.nz/futures](http://www.golf.co.nz/futures)

Scan here  
to register!



LOVE X GOLF.  
futures

BAY OF PLENTY GOLF  
GOLFNZ  
GOLFING IN THE BAY OF PLENTY

# COMMUNITY NOTICES



WWW.MOUNTJIUJITSU.CO.NZ



**BECOME A CHAMPION OF LIFE**

call 021 0707 630 | email [info@mountjiutitsu.co.nz](mailto:info@mountjiutitsu.co.nz)

The Tauranga City U13 football team need some more keen football players to join their team. If you are interested in playing this season, register at [tcafc.co.nz](http://tcafc.co.nz)



## U12/U13 PLAYERS

[TCAFC.CO.NZ/REGISTER](http://TCAFC.CO.NZ/REGISTER)



# COMMUNITY NOTICES

## TRIPLE P TEEN Discussion Groups



**TEEN TP** Discussion Groups help you manage the ups and downs as you guide your TEEN towards adulthood. Come to just one, or as many as you like. You will get practical tips and strategies that really do work, to help parents and caregivers to cope positively with some of the common issues associated with raising a teenager.

Thursday 1 <sup>st</sup> June	Coping with Teenager's Emotions
Tuesday 4 <sup>th</sup> July	Getting Teenager's to Co-operate
Thursday 20 <sup>th</sup> July	Reducing Family Conflict
Tuesday 15 <sup>th</sup> August	Building Teenager's Survival Skills

WHERE: 266 Maunganui Rd, Mt Maunganui 6.pm-8.pm  
COST: \$25 per person OR \$35 per couple.  
REGISTER: email: [triplepinthebay@gmail.com](mailto:triplepinthebay@gmail.com)  
Ph/TXT 0273112140  
[www.triplep-parenting.net](http://www.triplep-parenting.net)



Triple P positive parenting program FREE for parents, whanau caregivers with children aged up to 16yrs.

To find out more information please contact Ardell on 0273112140 or 07 571 0144 or visit [www.triplep-parenting.net](http://www.triplep-parenting.net).



# COMMUNITY NOTICES



## Pen Warriors Workshops

Date: 4 July 2023

Venue: Ako Ātea Library, A Block, Toi Ohomai, 70 Windermere Drive, Poike, Tauranga

To book your place in any of the workshops, please email [bookraptnz@gmail.com](mailto:bookraptnz@gmail.com)

### First Workshops: 10am to 11am



Join children's librarian Penny Guy for a fun session of collaborative story creation and illustration (no writing required). The session runs for about 30 minutes but if you stay a bit longer you can enjoy listening to some stories while the book is photocopied so everyone can have their own copy.

Ages 4 to 6 yrs, cost - gold coin donation



Let author Angie Belcher teach you how to re-write your favourite tale with an unexpected twist, then present it with flair!

A great workshop for those who like to dramatise their writing.

Ages 7 to 10 yrs, cost - \$5



Make Your Mark! Get your hands out of your pockets and learn how to draw hands, heads and so much more with confidence. Put a smile on that face and find the fabulous in your story characters. Join illustrator Debbie Tipuna for some fun art tips and build your skills.

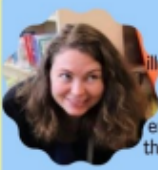
Ages 7 to 10 yrs, cost - \$5



Ten Tips for Writing a great Zombie Story! Local junior fiction author Carol Garden is holding a one-hour workshop on writing great zombie stories. Find out how to make your zombie story truly awesome - then use one of the starters to put your new skills to the test.

Ages 11 to 14 yrs, cost - \$5

### Second Workshops: 11.15am to 12.15pm



Join children's librarian Julia Edgecombe for a fun session of collaborative story creation and illustration (no writing required). The session runs for about 30 minutes but if you stay a bit longer you can enjoy listening to some stories while the book is photocopied so everyone can have their own copy.

Ages 4 to 6 yrs, cost - gold coin donation



Fact Finding Fun!

Learn how to be a fact detective for great storytelling with local junior nonfiction authors Debbie McCauley and Rachel Weston.

Ages 7 to 10 yrs, cost - \$5



Bone Broth by Lee Murray! In this one-hour workshop, international award-winning writer Lee Murray shares tips and tricks for infusing emotion into the bones of your story using show-not-tell and point of view techniques.

Ages 11 to 14 yrs, cost - \$5



Make Your Mark! Get your hands out of your pockets and learn how to draw hands, heads and so much more with confidence. Put a smile on that face and find the fabulous in your story characters. Join illustrator Debbie Tipuna for some fun art tips and build your skills.

Ages 11 to 14 yrs, cost - \$5





## DOES YOUR CHILD HAVE A WIGGLY TOOTH?

Your child losing their first tooth is a rite of passage and usually happens at around six years of age. The tooth comes loose then falls out, leaving a gap for the adult tooth.

This continues up until age 12, when all the baby teeth have usually fallen out.

It is okay to have your children wiggle and [for you to] wobble their teeth to help them come out. Just make sure you have clean hands and just try and grab it and gently wiggle it. Over a few days to a week or two it will come out.

After your child's tooth falls out, the gum area may be a little tender and sore.

It's still important to keep up tooth brushing and oral hygiene. Follow these five tips for a healthy smile.

- Brush twice a day with a fluoride toothpaste.
- Have regular dental check-ups.
- Lift the lip every month and check your child's teeth and gums.
- Choose healthy snacks.
- Drink water or milk.



## PIANO LESSONS

Tune In

Beginner piano lessons

First lesson free

Crane St, Mt Maunganui

Contact Rachel: [hello@tunein.co.nz](mailto:hello@tunein.co.nz)

027 856 8324



**SIGN UP FOR  
2023 NOW**

Find out more: 021-182-8185  
[adam@mcneillymusic.com](mailto:adam@mcneillymusic.com)  
or talk to your music teacher

**Want  
to learn  
guitar?**

mcneilly  music

Limited spots available



**MOUNT MAUNGANUI  
INTERMEDIATE**



07 575 5512



[admin@mtint.school.nz](mailto:admin@mtint.school.nz)

21 Lodge Ave, Mount Maunganui, 3116

**[mtint.school.nz](https://mtint.school.nz)**