4 August 2023

MMI Newsletter No. 21



COMING EVENTS

August 2023

AIMS Games Payments due 04

09 **MMI Open Day**

MMI Information Evening 15

17 School Disco

Calendar Art due 25

31 Mufti Day

September 2023

01 School Speech Finals

02-08 NZ AIMS Games

18 **Teacher Only Day**

22 **Term 3 Ends**

October 2023

Term 4 Starts 09

HPV 2 Vaccinations - Yr 7 19

Loud Shirt Day

Term 3, Week 3

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Community Pharmacy

ZOOM Pharmacy

• Tauranga City Council

Commissioner Meeting

General Election

Mount Maunganui Intermediate **OPEN DAY**

Wednesday 9 August, 9-12.15pm On arrival at school, come to the school office where you will be shown around the school

Mount Maunganui Intermediate

INFORMATION EVENING

Tuesday 15 August, 5-6.00pm Whanau class hui 6-6.30pm An opportunity for information to be shared and to meet school and Board of Trustees personnel and students



Don't forget - Last chance to pay AIMS Games fees is Friday 4 August (today)



POIPOIA TE KĀKANO KIA PUĀWAI

Nurture the seed and it will blossom

KIA MAUAO TE TŪ



Pānui Newsletter 2023

FROM THE PRINCIPAL



Tena koutou katoa

Ehara taku toa i te toa takitahi, he toa takitini My strength is not as an individual, but as a collective

This week, we have faced the enormous challenge of processing the death of a much loved and cherished member of our school whanau; Jorja-Ray Smith. This has been a devastating loss for Jorja's family and our love and support is with them as they face their new reality without their daughter, granddaughter, sister, niece, cousin and friend.



Melissa Nelson Principal Iount Maunganui Intermedia



As a school we have felt deep sadness and sorrow. We have asked ourselves how and why this has happened and we all keep thinking "if only...". The loss of a child is an unspeakable hardship and one that a family never really gets over.

As parents and family members of the young people in our own lives, we empathise deeply with the family and we wonder if there is anything we can do to help them.

Many in our community have reached out, asking how they can help and so we would like to offer the following:

- If you would like to make a donation to the family, you can deposit funds into the school bank account with the code "koha". If you do not have access to internet banking, you could make a cash donation at the office. We will collate the donations and give them directly to Jorja-Ray's family.. Our bank account number is: 12 3146 0104711 02
- You could also donate non perishable food items such as canned food, biscuits, cereal or pasta. We will collate these and give them to the wider whanau at Whareroa Marae who have supported so many visitors in recent days as people have gathered to show their respects to the family.

I'd like to share that I have felt incredibly humbled by the outpouring of support we have experienced this week. We have had emails and messages of love and support from all over the country; morning teas have turned up to feed us and beautiful bunches of flowers are brightening up our staffroom. We are so grateful to be part of such a supportive and empathetic community.

I want to say a huge thank you to the incredible staff at our kura. In the darkest of days, our team has stepped up to support their colleagues and our kids as we have navigated the tragic loss of one of our own. Each and every one of us has felt the loss in some way and this is what makes us truly a whanau. I'm very proud of our students and how they have processed this event and I say with every confidence that they are in the very best of hands in the coming days and weeks as the journey of grief continues.

Farewelling Jorja-Ray yesterday was incredibly hard and something that no family or school should ever have to experience. After the nehu (funeral) at Jorja-Ray's Marae, her family brought her to school so we could gather outside to send her on her way. Our haka was heartfelt and powerful and we hope Jorja-Ray knows how loved she was by her MMI whanau. In my nearly 30 years of teaching, I can't think of another time when I felt as proud of my school as I did today.

Kia kaha, kia maia, kia manaaki to tatou whanau.

Whaea Melissa

DANCE NZ MADE





On Sunday 30th and Monday 31st July, 12 MMI students attended the Dance NZ Made Regionals in Tauranga to compete and participate in various workshops from industry professionals.

The X troupe which involves 8 of these students placed first in the Year 7/8 Team Division with their Contemporary Dance. Lilly Akagi and Amelia Joynt placed third in the Year 7/8 Duo Division. Milla Cudby placed second in the Year 7/8 Solo Division, Milla was also awarded the highly coveted Golden Ticket, a stand out award for individual dancers who impressed choreographers and judges over the two days of competition. The Golden Ticket acknowledges Milla's commitment, passion, skill and talent for dance and offers her the opportunity to compete with other Golden Ticket winners across the country at Dance NZ Made Nationals for a placement on an International tour.

Congratulations to all of our amazing students! The X troupe have a busy few weekends ahead of them with DEC Winter Competition on August 12th & 13th and Create the Bay Dance Competition on August 19th & 20th. Good Luck girls!





NZ POLICE - EXERCISE



On Wednesday 16th August, the Tauranga Police will be using our school grounds as a location for a training exercise. The exercise will start at 5.30pm and continue until approximately 7.30pm. There will be many police cars and vehicles on site. If you live near school, you may hear gunshots, sirens and loud voices during the exercise.

Immediate neighbours will be notified via a mail drop so that the presence of Police is not alarming. We will also communicate this via our school facebook page on the day, to remind our neighbourhood about what is happening.

The Police are happy for any interested parties to watch the exercise from behind a barrier and will also be seeking some volunteers to help them with their scenarios.

We will remind you all about this closer to the time.



AIMS GAMES - HIPHOP



Please be advised that Hip Hop tickets will go on sale at 9:00am on Wednesday, 26th July 2023. Tickets will be available at this link, also accessed via the Online Shop on the Zespri AIMS Games website. We will promote the tickets being on sale to our database and as all Hip Hop teams perform at both the Prelims and the Finals, we anticipate that there will be ample tickets available.

This year, we have 28 Hip Hop teams coming together to battle it out for the title - an all-time record! We can't wait to welcome them all to the stage.



Details For The Prelims

Date - Saturday 2nd September 2023

Venue - Mercury Baypark Arena, 81 Truman Lane, Mount Maunganui

Entry Fee - Adult \$10 + BF, Child \$5 + BF. General admission seating (seats and

Box Office open - 1:00pm

Doors open to the public - 1:15pm

Prelims Performance - 1:30pm - 4:00pm

Details For The Finals

Date - Saturday 2nd September 2023

Venue - Mercury Baypark Arena, 81 Truman Lane, Mount Maunganui

Entry Fee - Adult \$15 + BF, Child \$10 + BF. General admission seating (seats and

floor).

Box Office open - 4:30pm Doors open to the public - 5:15pm Prelims Performance - 6:00pm - 8:30pm

Please note that all Hip Hop teams will perform in both the Prelims AND the

Complimentary Athlete Tickets

Complimentary tickets are available for Zespri AIMS Games athletes competing in other sporting codes. Please note that these tickets are strictly for athletes only, coaches, managers, parents and supporters are required to purchase tickets. They are available to be redeemed from 9:00am, Wednesday 26th July 2023.

Each of our participating schools are able to access these tickets via their school's Zespri AIMS Games first point of contact. Click on the relevant link below, enter your email address (note - only the email addresses for your school's designated first point of contact have been loaded to access these tickets) and select how many tickets you require. Should you require more tickets than what has been allocated, please contact the Zespri AIMS Games team at info@nzaimsgames.co.nz

Athlete Prelims Tickets - HERE Athlete Finals Tickets - HERE



AIMS GAMES HIP HOP TICKETS WENT ON SALE WEDNESDAY 26TH JULY. ON **TICKETS AVAILABLE FROM THIS LINK TICKETS CAN ALSO** BE PURCHASED VIA THE ONLINE SHOP ON THE ZESPRI AIMS GAMES WEBSITE



AIMS GAMES - UPDATE





AIMS waiver and medical form - to be completed by 11th August

Thank you to those who have already paid their AIMS entry fees

Payment is due by Friday 4th August Those who have not paid or partially paid for AIMS games will have now received the final request for payment to their emails

All MMI students have an opening ceremony ticket included in their entry fee.

This is for the 3pm opening ceremony, doors open at 2pm

All students need to make their own arrangements for transport to and from the venue - Mercury Baypark Arena
81 Truman Lane, Mount Maunganui

Families are welcome to purchase an opening ceremony ticket by going on this website - Opening Ceremony Tickets.

These tickets go on sale on Monday 7 August at 7pm

Uniform - Students may be given a tracksuit closer to the event (depending on the code).

If they are then this needs to be worn to the opening ceremony.

If not and they have a winter MMI green hoodie then they can wear this and if they do not have either then they need to wear their school uniform Please contact sports@mtint.school.nz if you have any issues with completing the waiver & medical forms.

More information to follow!

MMI - SPORTS



If you are heading to the netball courts over the coming days, please be aware that Totara Street in Mt Maunganui is closed for roadworks on Friday 4th August and Saturday 5th August.

If you normally use Totara Street you will need to find an alternate route.

Thank you



All sports tracksuits and issued sports uniforms that are no longer in use please return asap so we can re issue for AIMS games.



MMI SPORTS - WINTER HOCKEY TOURNAMENT

Winter Tournament - Hockey

Last Friday, our Mixed, Girls, and Boys hockey teams battled it out at Blake Park in the Winter Hockey Tournament. The competition was fierce, with teams from BOP schools showcasing their talent and determination. All teams played four games each and although none of our teams placed, we are proud of the teamwork and sportsmanship they all showed.



This tournament provided a platform for our teams to face tough competition and gain valuable experience which will undoubtedly serve as excellent preparation for the upcoming AIMS games.

We would like to extend our heartfelt appreciation to the coaches and managers who have been working with the teams throughout the hockey season.



| Mixed Team | Girls Team | Boys Team |
|---------------------|-----------------------|-----------------|
| Finn Borman | Ellie Renwick | Ari Ross |
| Hailey Scrimgeour | Isla Nielsen | Flynn Augustine |
| Indie Owens Goodall | Abi Robinson | William Lolesi |
| Toby Bowling | Khloe Warner | Otis Keeble |
| Maia Symes | Mäkere Cowie-Beaufort | Nico Wilson |
| Milani Boase | Charly Cave | Sam Martin |
| Ruby Johnson | Ruby Trueman | Tiger O'Reilly |
| Sam Cameron | Veronica Hiha | Zac Calley |
| Sam Ewing | Zoe Whyte | Reef Tempest |
| Lucas Davis | | |





MMI SPORTS - NETBALL WINTER TOURNAMENT

Super 11 netball - winter tournament

Congratulations to the 7A, 7B and 8A for their impressive performances in the tournament at Tauranga netball centre. Each team showed great determination and skills on the court, making our school proud.

Throughout the day the teams played well in the pool games with 7A making it to the semi finals and 8A making it to the final. A special shout out to the 8A netball team for their 2nd place finish! Coming in as the runners-up is a testament to their talent and dedication, and they should be celebrated for their excellent performance. Bring on aims games!

All of the netball teams were exceptional, and represented the school with sportsmanship and skill.





MMI SPORTS - WINTER RUGBY TOURNAMENT

Winter tournament rugby - Blake Park July 2023



Congratulations to the students who participated in this tournament last Friday.

Our talented athletes displayed exceptional teamwork, determination, and sportsmanship, making us all beam with

Under the guidance of our dedicated coaches and the unwavering support of their fellow teammates, the rugby players worked together as a cohesive unit, showcasing their skills on the field. Throughout the tournament, they demonstrated that unity and cooperation are the pillars upon

The team's commitment, and determination to improve were evident in every game they played.

As a school, we take immense pride in the way our rugby team represents us. Their exemplary behavior both on and off the field makes them role models for all our students.

Here are some of the positives from the day:

- ★ The conduct from players and supporters remained positive throughout the day. It was a very positive vibe.
- ★ The standard of rugby has grown substantially. We were blown away with this, as were spectators I spoke with.
- ★ In 2020 this tournament had only 8 boys teams. There were 9 boys and 9 girls teams and all were very competitive. Well done for your work over the years developing rugby at your schools.
- ★ All teams got 4 games minimum, and though there were a few errors made by organisers, the kids went away happy having done their best.
- ★ Minimal injuries: This may be a sign of students having a greater awareness of how to look after their bodies.

| Boys Team | | Girls team | Girls team | |
|-----------|------------|------------|-------------------------|--|
| William | Tiaki | Indi | Ropati | |
| Ben | Young | Sayde | Smith | |
| Leonard | Atkinson | Azareah | Solomon | |
| Knox | Meade | Jess | Sutcliffe | |
| Miller | Borthwick | Willow | Ropati (Tahatai School) | |
| Riku | Francis | Maria | Tukuafu | |
| Kees | Fitzharris | Ashley | Ruddell | |



MMI - SPORTS - SUPER 11 FOOTBALL

Super 11 Football

On Friday we saw outstanding performances from our Super 11 Football Teams in the Winter Tournament held at Fergusson Park. The event saw incredible talent and fierce competition, with both the girls' and boys' teams showcasing their skills and determination.

Our boys' and girls' teams delivered exceptional performances, both securing 2nd place. The boys fought hard in a thrilling final, narrowly losing 3-2 to Tauranga Intermediate. Throughout the day they won all pool play games which advanced them to the semi-finals where they came up against Otumoetai and won 3-0, With 10 teams in their division, their achievement was remarkable. The girls displayed impressive skills in the round-robin matches, coming in 2nd behind Tauranga Intermediate, outperforming 7 other teams. Congratulations to both teams for their hard work and sportsmanship! Well done, and bring on AIMS Games.







PSG - SCHOOL DISCO



Tickets are on sale now. Instructions on the next page.





LUNCHONLINE - TICKET PURCHASING

FASTER, EASIER WAY OF PURCHASING TICKETS FOR EVENTS AT MMI

We are moving to a new platform to purchase tickets for events like discos and socials.

Lunchonline is not only a lunch ordering service but they also provide a ticketing service which we, as a school, have signed up for.

With our PSG Disco fast approaching we will be using this service for the first time.

To purchase a disco ticket you will need to have already created your own lunchonline account. If you are already an account holder, well done, you do not need to do anything else until the tickets are available to purchase.

If you are not an account holder yet please follow these 4 easy steps:

- Go to https://www.lunchonline.co.nz/
- · Create an account
- Add member(s) including name, school and classroom
- · Top up with your credit card or internet banking

When the tickets become available to purchase we will let you know and you can then simply go online and make your purchase.

This means that payments will no longer be accepted by the school for certain events, but we will always advise you of the payment process in advance.

www.lunchonline.co.nz





RELATIONSHIP & SEXUALITY EDUCATION (RSE)



E: admin@mtint.school.nz

W: mtint.school.nz

Dear Parents and Whanau,

21 Lodge Ave. Mount Maunganui, 3116

This term students are participating in Relationship and Sexuality Education (RSE) within their classroom. RSE is a key area of learning in Health and Physical Education in the New Zealand Curriculum and must be included in teaching programmes. RSE at Mount Maunganui Intermediate emphasises the holistic nature of sexuality education (which has physical, social, mental and emotional, and spiritual aspects).

In terms two and three, we will focus on 'Growing and changing'- Te tipu me te huri o te tangata'.

This theme focuses on pubertal change, a time of rapid physical, emotional, social, and spiritual development. Many of the changes that take place at this time are interrelated.

Young people can feel unsure about the changes that they will encounter during puberty. It is important to address these feelings, reassure them that they are not alone, and prepare them with the knowledge and capabilities they need to manage these changes. Comprehensive relationship and sexuality education helps young people feel good about themselves and understand that puberty is a natural stage in their journey towards adulthood. At Mount Intermediate, we believe that equipping young people with knowledge and understanding in this area is pivotal to their health and wellbeing.

In term three, we have planned to cover the following:

Pubertal change

Learning outcome

 Students will review and identify the changes that take place during puberty and recognise that most of them happen to everybody.

Underlying concept

Hauora: identifuing changes that occur at puberty and that the changes impact all dimensions of hauora

Managing pubertal change

Learnina outcomes

- · explore how people experience pubertal change and identify and discuss practical ways of managing changes and feelings.
- explore concepts about body image and how to foster positive body image.

- Hauora: understanding and managing pubertal changes which impact all dimensions of hauora.
- Health promotion: identifying the strategies and resources, including people, that can help young people manage pubertal change.
- Attitudes and values: valuing themselves and developing positive body image.

Getting to know our reproductive systems

Learnina outcome

· Students will explore the human reproductive system, its functions,

and be comfortable using correct terminology.

Underluina concepts

- Attitudes and values: as students learn to understand and talk about the reproductive system, they also learn to treat themselves and others with respect.
- Hauora: gaining further knowledge about the physical body, its growth and development, and the part it plays in reproduction.

Consent

Learning outcome

- Explore the concept of intimacy and the behaviours that may feel right at different levels of intimacy
- Explore concepts about consent and identify what giving and receiving consent looks like.

Underlying concept

- knowledge of rights and responsibilities
- knowledge of the need to give and receive consent and to make informed choices
- assertive communication.





Conception

Learning outcome

Students will identify and describe the sequence leading to Conception.

Underlying concept

Hauora: developing knowledge about the process of conception.

Safer sex

Learning outcome

· Students will explore contraception and its use in preventing pregnancy and sexually transmissible infections

Underlying concepts

- Attitudes and values: developing a responsible attitude to their wellbeing and that of others.
- · Health promotion: developing knowledge to support them to implement safer sex strategies to positively support their sexual health.

If you have any questions, feel free to contact your child's teacher.

Below is the Ministry of Education curriculum outline for teaching 'Relationships and Sexuality Education' at Intermediate Schools.

| LEVEL 4 | KO AU — ALL ABOUT ME Knowledge, understandings, and skills relating to physical and sexual health and development: emotional, mental, social, spiritual, and environmental | KO AKU HOA — FRIENDSHIPS AND RELATIONSHIPS WITH OTHERS Understandings and skills to enhance relationships, for example, in relation to friendships, intimate relationships, love, families, and parenting | KO TÖKU AO — ME AND THE WORLD Critical inquiry, reflection, and social-action skills related to issues of equity, gender, body image, risk, and safety |
|----------------------------------|--|--|---|
| Ākonga can show that they: | Know about pubertal change (including hormonal changes, menstruation, body development, and the development of gender identities), and about how pubertal change relates to social norms around gender and sexuality; and can make plans to support their own wellbeing and that of others. Understand various differing approaches to conception and contraception and how these relate to social norms, choice, consent, and wellbeing. | Are able to manage intimate relationships (involving attraction, love, and desire) and relationship changes (including changes to relationships online and using social media), through: knowledge of rights and responsibilities knowledge of the need to give and receive consent and to make informed choices assertive communication. | Understand how school and community contexts (eg, school procedures and rules, sports and physical activities, and community facilities and environments) link with people's gender and sexual identities; and can take action for inclusion Know how to access help fo themselves and others, know about a range of strategies and resources that support health and wellbeing, and understand how these can enhance wellbeing, mitigate risk, and support gender an sexual identity. Are able to identify connections between people's wellbeing and media representations of relationships, gender, and bodies (including representations in social media, in films, and on television). |



JAPANESE HOMESTAY

WOULD YOU LIKE TO HOST A

IN OCTOBER 2023?

We have a group of students from Japan who require homestay.

The dates are October 18th to 1st November.

The students will be attending Mount Intermediate for the duration of their stay.

If you are able to help. Please fill in the google form. Got Questions? email r.thurston@mtint.school.nz

You will be providing homestay for a single student. You need to be able to provide the student with their own room.



If you are able to host, please click this link to add your details.



JAPAN EXCHANGE - FUNDRAISER



GENERAL ELECTION

WORK FOR THE 2023 GENERAL ELECTION

Help your community to vote in this year's General Election! The Electoral Commission is now recruiting for roles across Aotearoa to deliver the 2023 General Election.

Whether you want to work for several weeks or just for a day, there's a variety of options to suit you.

Pay rates for roles vary depending on the role but range from \$26 (plus 8% holiday pay) per hour to \$33.80 (plus 8% holiday pay).

We have Voting Places across the Bay of Plenty so there will be something close to you, with the Electorate Headquarters based in central Tauranga.

To apply or get more information – <u>General Election 2023 - Bay of Plenty Electorate</u> - Electoral Commission (elections.nz)





OUR HAPPY PLACE

We are excited to announce that Mount Maunganui Intermediate has implemented a new program called 'Our Happy Place'. This programme is designed to equip our students with the knowledge, tools and mindset they need to thrive in every area of their lives.

We understand the importance of promoting and protecting Mental Wellbeing among our students and this program allows us to do just that. Our Happy Place is a platform that provides students with the resources they need to live a happy and fulfilling life, both while they are in school and beyond. More details can be found here - https://yourhappyplace.org.nz/

Students will be working through different sessions per week, with each session lasting around 10-15 minutes long. We will provide details about these sessions in our newsletter so you can support your child and follow these up at home.

The topics we are currently covering are:

SESSION 23 - THE BEST THINGS IN LIFE ARE FREE

This session is all about the great things in life that are free, like laughter shared with a friend, a wonderful hug or smile, being out in nature, the feeling of accomplishment when you achieve a goal or a good night's sleep!

Students are then encouraged to create their own list of things in their life they are grateful for which money can't buy.

SESSION 24 - POSITIVE AFFIRMATIONS

Session 24 looks at the things we can tell ourselves that are positive. Some examples discussed are, 'I am enough', 'I am a good friend', 'I learn from my mistakes' and 'I am getting better at...'.

Students then think about their own positive affirmations with the idea that our mind believes what you tell it, over and over again. So, by repeating new affirmations often and saying them with as much conviction and feeling as you can, you will convince your mind that they are true and therefore they will start to come true for you.







MMI COASTAL VALUES



MMI students are active learners



MMI students show aroha, respect and mana



PONO

MMI students act with integrity, pride and honesty



TUAKIRI

MMI students know their identity

COASTAL VALUE CERTIFICATES 2023 Term 3 – Week 3

| 1 | Karlee Grattan | For showing bravery and facing your fears. You should be so proud of your improvement when communicating and school attendance. Tau kē koe! |
|----|--------------------|---|
| 2 | Tyler Agnew | For showing Ako, driving your own learning and consistently having a great work ethic. Kia pai tō mahi Tyler! Awesome work! |
| 3 | Lilly Speck | For an improved effort and attitude towards her learning. Also for being kind and baking the whole class a delicious brownie. |
| 4 | Abbey Parker | For the positive attitude you demonstrate towards your learning on a daily basis. I am impressed with your enthusiasm when planning your speech. Ka pai tō mahi! |
| 5 | Ryder Williams | For a great start to term 3. Keep up this positive work ethic, Ryder. |
| 7 | Peyton Rameka-Cope | For displaying our Coastal values, Pono and Tuakiri, by leading Moturiki Whare in the practise of the Haka. You were strong and commanding. Ka mau te wehi! |
| 8 | Sienna Wymer | For your great work in Maths. You are learning new skills and improving every day. Keep up the awesome work! |
| 9 | Levi Glencross | For demonstrating the school value of Manaaki. Keep up the great work. |
| 10 | Kanyon Deans | For your improvement in your learning and the way you are starting to self manage, this improved greatly. Keep it up Kanyon! |
| 12 | Jessica Sutcliffe | For your fantastic piece of explanation writing and positive attitude in the classroom. |
| 13 | Jack Austin | For taking on the challenge of new learning and then helping others around to understand too. Your role as a tuakana is helpful to the teina around you learning. Ka Rawe Jack. |
| 14 | Harper Young | Thank you for your wonderful contributions to Room 14 over the last year. We have benefitted from your leadership as class councillor, your academic input, your friendship, and your full involvement in all activities. Good luck as you return to United States to live. You will be missed. |
| 15 | Prabhas Bokka | You are always demonstrating our AMPT Coastal values. You continually display Manaaki and are a joy to have it class. Kei runga noa atu koe! You are Awesome! |

COASTAL VALUE CERTIFICATES 2023 Term 3 – Week 3

| 16 | Neve Keown | For constantly producing your learning to a high standard. You push yourself to reach your potential at all times, great job Neve, keep it up!! |
|-------------------|------------------------------|--|
| 18 | Owen Townsend | For stepping up and taking responsibility for your learning and being a team player. |
| 19 | Barinder Singh | For your amazing art work and having a positive attitude with everything you do. Keep it up! |
| 21 | Tyler Gibbons | For an excellent start to Term 3. You are focused on your learning and are consistently trying your best. Keep it up Tyler. |
| 25 | Luca O' Brien | For great work in Mathematics this term! You are a valuable member of Whanau 25 . Your contributions to class discussions are insightful and meaningful! Keep up the good work Luca. |
| Digi Tech | Shae Te Whau Whānau 13 | For your unique and creative trampoline park design made in Tinkercad. You showed persistence and cleverness when completing this task. |
| Food Tech | Cooper Smith Whānau 1 | For commendable progress in critical thinking and enthusiastic engagement in your learning this ye. Great work Cooper! |
| Visual Arts | Harper Cleland Room 16 | For such a positive attitude and displaying superb manners, great to see!! |
| Music | Te Ariki Werohia Whānau 3 | Mā te kimi ka kite, Mā te kite ka mōhio, Mā te mōhio ka mārama Seek and discover. Discover and know. Know and become enlightened For your enthusiasm to learn in music. Your positivity has a great influence on others. Keep it up |
| Hard Materials | Vitek Spinka Room 18 | For an inquiring mind, and a desire to push learning boundaries. |





The artwork is due back - Tuesday 23 August We will send out more details on how you can order your child's artwork, closer to this date.





POIPOIA TE KĀKANO KIA PUĀWAI

Nurture the seed and it will blossom

KIA MAUAO TE TŪ



MOUNT MAUNGANUI INTERMEDIATE

USEFUL INFORMATION

TERM DATES

Term 1 – 31 January to 6 April Term 2 – 24 April to 30 June Term 3 – 17 July to 22 September Term 4 – 9 October to 14 December

MEDICATION

If your child has a severe medical condition or needs to take medication at school please contact the office at: office@mtint.school.nz

SCHOOL DROP OFF

These are NOT drop off zones:

- Lodge Avenue Staff Carpark
- Lodge Avenue Turn Around
- The Bus Bay on Links Avenue

This is for the safety of your children, when dropping off or picking them up. Please refrain from entering and parking in these areas.

CHANGE OF DETAILS

It would greatly assist us if you could please advise the office if you have any changes of address, phone numbers, email addresses and emergency contact details. In the event of an emergency, sickness or injury we need to be able to contact someone who can collect your child.

Please email office the at office@mtint.school.nz

KEY LINKS

- **ABSENTEES**
- **BELL TIMES**
- **BUS INFORMATION**
- **ONLINE PAYMENTS**
- **ORDERING LUNCHES**
- **PARENT PORTAL**
- **SCHOOL UNIFORM**



Checkout out our website, newsletters, daily notices and Facebook links.

https://mtint.school.nz/

https://mtint.school.nz/mmi-daily-notices/ https://www.facebook.com/Mtint.school.nz/ https://mtint.school.nz/newsletters/





YUMMY STICKERS



COLLECT YUMMY STICKERS CAN HELP EARN MMI FREE SPORTS GEAR!!

A SHARE OF \$200,000 FREE SPORTS GEAR AVAILABLE TO EVERY PRIMARY AND INTERMEDIATE SCHOOL IN NEW ZEALAND'S NORTH ISLAND.

What to do: Collect the Yummy cut-out labels from bags (each cut-out label is worth 10 stickers) and individual Yummy apple stickers. Hand these stickers to your child's classroom teacher and they will earn house points as well.

Where from: Yummy apples are available from New World, PAK'nSAVE and participating Four Square stores.

The more you collect, the more sports gear we get so get going and start collecting your Yummy cut-out labels and stickers now!



COMMUNITY PHARMACY FOR TAMARIKI UNDER 14



Treatment of Minor Conditions from Community Pharmacy

A minor ailment service will be available at your local Bay of Plenty community pharmacy during the winter of 2023.

To be eligible for a FREE pharmacist consultation, advice, treatment or referral; patients must meet either of these criteria:

- · Children under 14 years of age
- · Māori or Pacific people
- Hold a valid community services card.
- A whanau member of an eligible patient with the same condition

Conditions to be treated include:

- · Acute Diarrhoea or dehydration
- Minor skin infections
- Scables
- Headlice
- Eye inflammation/infections
- · Pain and fever
- Eczema/Dermatitis

A pharmacist at your local community pharmacy will be able to provide you with advice about your health condition, appropriate treatment options and advice on whether you should see your GP or healthcare provider. Appointments are not required,



ZOOM PHARMACY - CHILDREN'S ECZEMA



ECZEMA & DERMATITIS



WHAT IS ECZEMA?

Dermatitis (Eczema) describes skin irritations and rashes that show up as inflammation of the skin.

Many different skin conditions can cause dermatitis, and symptoms can range from mild to severe. It is not contagious, and does not mean that your skin is unclean. Atopic Dermatitis is commonly referred to as eczema. This ongoing form of dermatitis typically begins in childhood, and flare-ups may continue into adulthood.

WHAT CAUSES ECZEMA?

There is not a single cause for eczema. Typically, there is a family history of eczema, asthma and hay-fever in people with the condition

People with eczema tend to have dry itchy skin that is more vulnerable to the entry of irritants, allergens, and therefore more prone to the development of rashes.

Eczema can be triggered or made worse by a range of possible causes.

- · Extended hot showers or baths.
- · Hotter or colder weather.
- Sweating due to physical activity.
 Scratching and resulting infection.
 Allergens (pollen, dust etc.).
 Food intolerances and allergies. · Allergens (pollen, dust, etc).
- · Wool and synthetic fabrics.
- · Chemical irritants (soaps).

SYMPTOMS OF ECZEMA

The symptoms of eczema can vary significantly depending on what has caused the flare up, skin tone, and severity.

- · Dry, cracked, flaky skin.
- · Intense #chiness
- · Discoloured rashes.
- · Thickened skin.
- · Raised bumps and blisters.
- Weeping or oozing sores.
- · Crusts or scabs



Eczema can present in many different ways. a common sign is a discoloured rash.

SELF CARE TIPS

While there is no cure for eczema, it can be managed at home and over time will often improve. Most babies and children with eczema will 'grow out' of the condition.

Symptoms of eczema can be controlled with appropriate treatment and self-care:

- avoid irritants, allergens and other triggers
- clean your skin in lukewarm water, and with scap-free washes
- moisturise at least twice daily
- creams like hydrocortisone 1% can be used following pharmacist advice to treat redness, swelling, itching, and discomfort.

TREATMENT OPTIONS

- 1. Hydrocortisone 1% Cream can help alleviate the symptoms of redness, swelling, itching and discomfort.
- 2. Moisturising Cream helps skin retain moisture, reducing the appearance of dry, flaky skin and providing soothing relief.
- 3. Antiseptic Ointment & Solutions can help control infections, helping the skin barrier maintain its protective qualities.

Always read the label, use medicines as directed and if symptoms persist, be sure to consult a healthcare professional.

ZOOM Pharmacy can offer free treatments for Eczema and Dermatitis, delivered for free to your door.

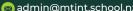
mas@zoompharmacy.co.nz

C 0508 966 622

zoompharmacy.co.nz/mas







TAURANGA CITY COUNCIL COMMISSIONER MEETING

The TCC Commissioners are hosting a series of meetings across Tauranga towards the end of August 2023.



Let's talk:

A conversation with Commissioners, hosted by Scott Campbell.

Tauranga is the fastest-growing city in New Zealand, but with growth come challenges. You are invited to join a conversation with Commissioners - to talk about the big issues that matter to you and your aspirations for Tauranga

August



Scan the QR code tauranga.govt.nz/commissioners

6pm to 7:30pm tea and coffee will be available

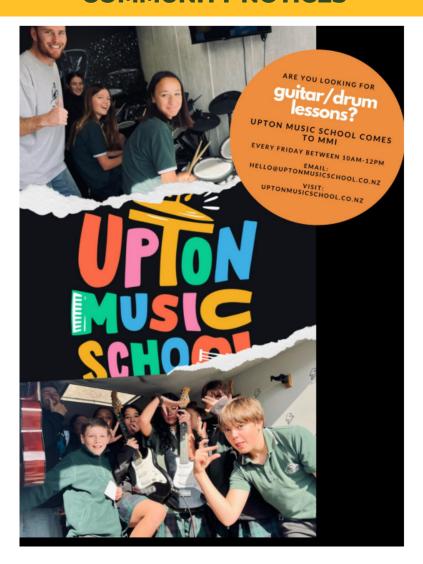


Matilda: The Musical

Our very own very talented, performing arts student; Milla Cudby, is playing Hortensia in the upcoming Tauranga Musical Theatre production of Matilda: The Musical! The Production runs from: September 21st to October 7th.

Tickets can be purchased through ticketek.co.nz









The Tauranga City U13 football team need some more keen football players to join their team. If you are interested in playing this season, register at teafc.co.nz



TRIPLE P TEEN Discussion Groups



TEEN TP Discussion Groups help you manage the ups and downs as you guide your TEEN towards adulthood. Come to just one, or as many as you like. You will get practical tips and strategies that really do work, to help parents and caregivers to cope positively with some of the common issues associated with raising a teenager.

Thursday 1st June Coping with Teenager's Emotions
Tuesday 4th July Getting Teenager's to Co-operate

Thursday 20th July Reducing Family Conflict

Tuesday 15th August Building Teenager's Survival Skills

WHERE: 266 Maunganui Rd, Mt Maunganui 6.pm-8.pm

COST: \$25 per person **OR** \$35 per couple.

REGISTER: email: triplepinthebay@gmail.com

Ph/TXT 0273112140

www.triplep-parenting.net



Triple P positive parenting program FREE for parents, whanau caregivers with children aged up to 16yrs.

To find out more information please contact Ardell on 0273112140 or 07 571 0144 or visit www.triplep-parenting.net.



DOES YOUR CHILD HAVE A WIGGLY TOOTH?

Your child losing their first tooth is a rite of passage and usually happens at around six years of age. The tooth comes loose then falls out, leaving a gap for the adult tooth.

This continues up until age 12, when all the baby teeth have usually fallen out.

It is okay to have your children wiggle and [for you to] wobble their teeth to help them come out. Just make sure you have clean hands and just try and grab it and gently wiggle it. Over a few days to a week or two it will come out.

After your child's tooth falls out, the gum area may be a little tender and sore.

It's still important to keep up tooth brushing and oral hygiene. Follow these five tips for a healthy smile.

- Brush twice a day with a fluoride toothpaste.
- Have regular dental check-ups.
- Lift the lip every month and check your child's teeth and gums.
- Choose healthy snacks.
- Drink water or milk.





Tune In Beginner piano lessons

First lesson free Crane St, Mt Maunganui Contact Rachel: hello@tunein.co.nz 027 856 8324

